

## **2018 Ride For Pride Risk Management Plan**

**Preamble** Cycling can be a dangerous activity. Cannonballs Cycling Team provides cycling routes of approximately 100k, 50k and 20k fun ride. The Ride For Pride bicycle ride has developed this Risk Management Plan to document how we manage the 2018 rides to reduce risks associated with cycling activities. These policies are to be practiced by participants and other persons involved in the 2018 events. All riders share the responsibility for making the Ride For Pride as safe as possible. Each participant in the Ride For Pride shall receive a copy, electronic or otherwise, of this Risk Management Plan and a copy shall be available on the Ride For Pride website.

**Insurance** Participants should have personal medical insurance and carry their insurance information with them at all times during the Ride For Pride ride. The Ride For Pride organization carries general liability insurance indemnifying the Charlotte Mecklenburg School System and event organizers, but this is not personal injury or medical insurance for participants.

**Standards of Care** The Ride For Pride participants and all associated volunteers shall adhere to the following: When riding on the Ride For Pride route, all riders and volunteers shall follow the directions of the Event Director, police officers, highway department officials or other responsible persons (e.g, fire, ambulance etc.).

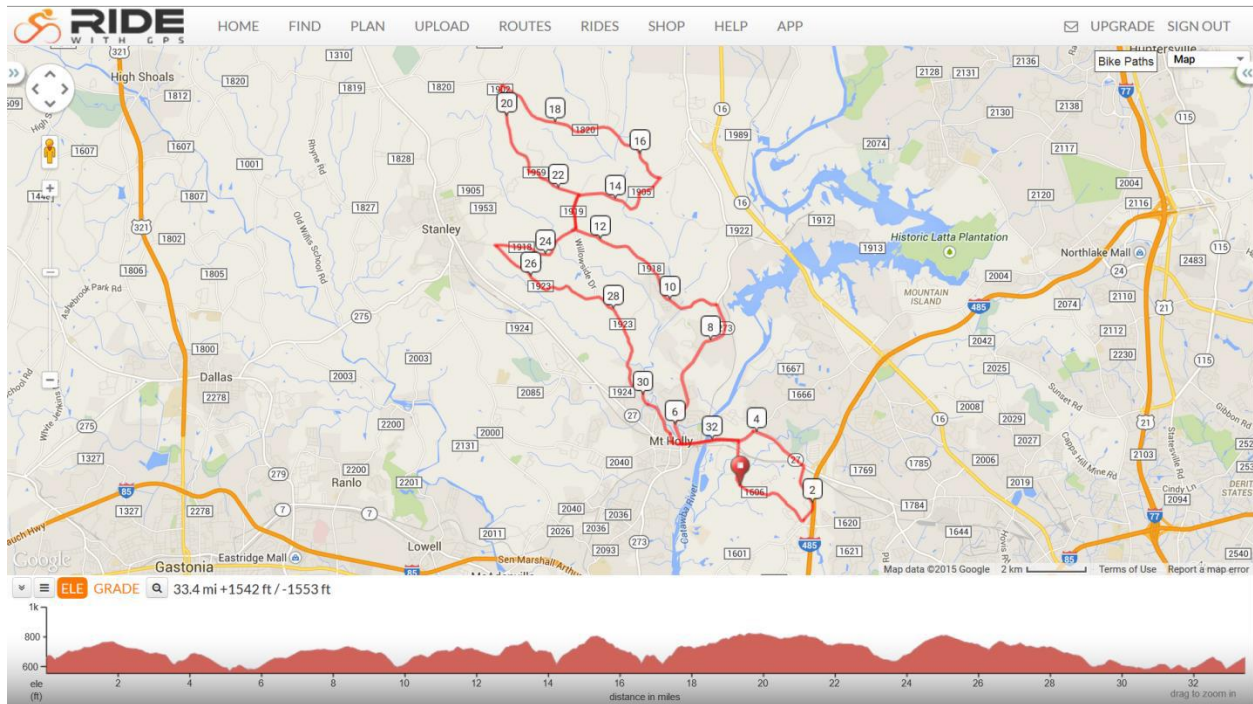
**General** All riders shall wear a helmet certified by CPSC or ASTM whenever they are on their bicycles participating in Ride For Pride. All ride participants and volunteers shall conduct themselves in a safe and prudent manner. Every rider, without exception, must obey all traffic laws, including stopping at all stop signs and signals. Riders shall stay to the right of the road as conditions permit and ride single file whenever prudent (e.g. motor vehicle traffic is present). All volunteers driving a vehicle shall maintain insurance in accordance with the State of North Carolina law and shall wear seat belts at all times. Volunteers/ride workers shall not use cell phones for conversation or texting while driving. If cell phone use is necessary the driver must pull off the road and stop the vehicle for the duration of the conversation.

Cyclists shall not use cell phones for conversation or texting while riding. If cell phone use is necessary the cyclist must pull off the road for the duration of the conversation.

**Cyclist Responsibility** The Cannonballs Cycling Team organization recommends that riders carry cell phones, while recognizing that cell phone service may not be available in all areas traversed by the ride. In the event of an emergency, riders should immediately call 911 via cell phone or other practical means, (e.g. residential telephone line). Riders should then contact the Ride Director per the telephone numbers provided on the turn-by-turn directions provided at check-in. Cyclists in the Ride For Pride are responsible for food, water, repair of their machines, and all support matters as stated on the Ride For Pride website, [www.Cannonballs-Cycling.org](http://www.Cannonballs-Cycling.org). Rest stops are provided by the Cannonballs Cycling Team for the riders' convenience with some food and water. Front and rear lights are required for the 100k distance, since it may start before sunrise. Cyclists must not be under the influence of drugs or alcohol while participating in the ride.

**Routes** All ride maps utilize state, county, and local roads that carry light vehicle traffic wherever possible. Riders should expect some vehicle traffic however and must obey North Carolina traffic laws, and use caution when crossing major highways. Riders will be verbally reminded of this fact at the start of the ride. Support vehicle will be at various locations along the 100k and 50k routes. The 20k fun ride will be led by a volunteer at the riders pace.

Conceptual maps for the various courses - lots of up and down. The routes may be fine-tuned beyond what is shown to maximize the fun!



50K Bike Route <http://ridewithgps.com/routes/7530344>

100K Bike Route <http://ridewithgps.com/routes/7561824>